



Campus Dining

Food for Fuel

Welcome to MIT Campus Dining, where we provide Food for Fuel.

Food is the foundation of all activity.

A well-fueled body powers the mind to create, innovate, build and rebuild for a better future.

We believe **a well-fed student is a well-performing student.**

By participating in a meal plan, students have guaranteed access to healthy, nutritious meals for 4 meal periods a day, 7 days a week to help them power through the academic year.

Dining at a Glance:

- 6 all-you-care-to-eat dining halls
- 10 on-campus retail locations
- Registered dietician on campus
 - Variety of daily menus
 - Locally sourced ingredients
 - Built-in social community
- Cultural celebration events created for students by students

Dining in the Dorms

There are 11 undergraduate residences at MIT, which fall under two categories:

Dining Hall Dorm

- All students living in a dining hall dorm are **required to be on a meal plan** for the entirety of their residence in that dorm
- Dining halls are located on the first floor of each residence
- Dining halls are available to all residents and open to the entire MIT Community
- Students have the option to eat at any dining hall on campus

Maseeh | New Vassar | McCormick | Simmons | Baker | Next House

Cook for Yourself

- Students are provided with fully equipped in-dorm kitchens
- Students are **responsible for all meals**, including grocery shopping, meal prep, cooking & clean up
- Concord Market (on-campus grocer) & free shuttle to off-campus grocery stores are available to entire MIT community
- Students living in a cook for yourself dorm are **not required to be on a meal plan** but are encouraged to purchase one for easy access to meals

Random Hall | New House | MacGregor | Burton-Connor | East Campus

Our Meal Plans

 Campus Dining	Semester Cost	Dining Dollars	Guest Passes	Average meals / week
Any 21	\$ 3,824.25	optional	8	21
MOST POPULAR Block 225	\$ 3,824.25	\$ 150	included*	14
190	\$ 3,332.60	optional	included*	11
160	\$ 2,947.20	optional	included*	10
90	\$ 1,719.90	optional	included*	6
60	\$ 1,174.20	optional	included*	3

*Block plans do not come with reserved 'guest passes.' Students with a block plan are welcome to swipe in guests, the additional swipe will be deducted from existing meal block total.

First year students **living in a dining hall dorm** must choose either the **ANY 21** or the **Block 225**

What is the difference between ANY 21 & Block 225?

ANY 21: 3 meals/day, 7 days/week

Meals reset at the beginning of each week (sunday).

Block 225: is a declining balance of 225 meals to be used at any time throughout the semester.

This plan comes with \$150 dining dollars to be used throughout the semester at any campus dining location.

Benefits of a Meal Plan

Guaranteed nutritious meals

Built-in community

Food security

Cultural celebration events

Variety of daily menus

Globally influenced dishes

Two largest dining halls are Maseeh & New Vassar

Breakfast, lunch, dinner served at Maseeh & New Vassar

Breakfast, dinner served at McCormick, Baker, Next & Simmons

Late night dining options at Maseeh & Simmons

Global & Oasis Stations: dedicated stations designed for students with food **allergies/sensitivities** in Maseeh

Kosher station available in Maseeh

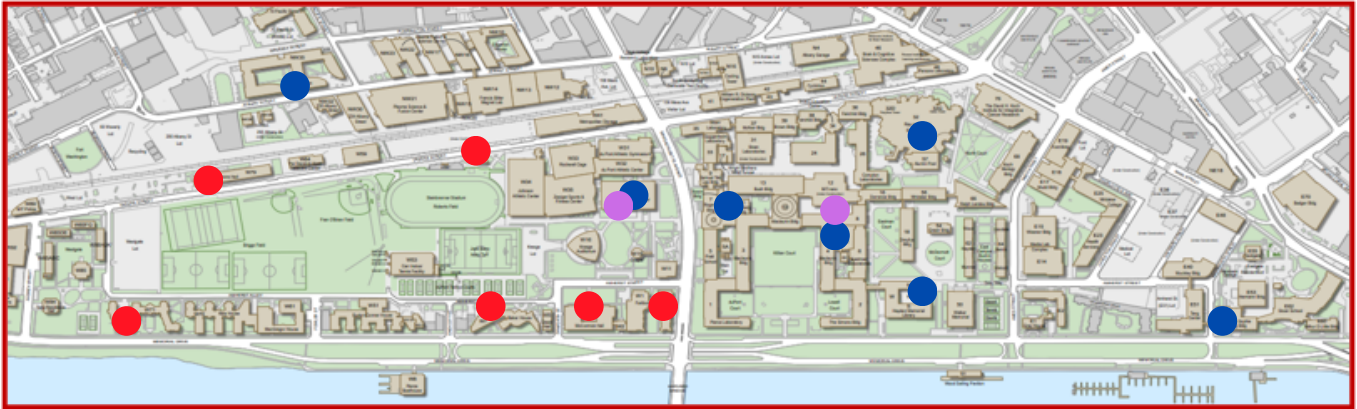
Registered dietitian available to all meal plan holders

Detailed digital daily menus with ingredients, allergens & nutrition facts

Dining Dollars can be added to any meal plan for 5% discount

Locations & Hours

Campus Map



KEY: ● Dining Hall Locations ● Retail Locations ● Vending Hubs

House/Meal Time	Breakfast	Lunch	Dinner	Late Night	Brunch
Maseeh Hall	(M-F) 8a -11a, (S-S) 8a-9:30a	(M-F) 11a - 3p	(M-Sun) 5p - 9p	(Sun-Thu) 10p - 1a	(S & S) 10a - 1p
McCormick Hall	(M-F) 8a - 10a		(M-Sun) 5p - 8p		(S & S) 10a - 1p
Baker House	(M-F) 7a - 10a		(M-Sun) 5:30p - 8:30p		(S & S) 10a - 1p
Next House	(M-F) 8a - 10a		(M-Sun) 5:30p - 8:30p		(S & S) 10a - 1p
Simmons Hall	(M-F) 8a - 10a		(M-Sun) 5p - 8p	(Sun-Thu) 9p - 1a	(S & S) 10a - 1p
New Vassar	(M-F) 7a - 9a Pick Breakfast	(M-F) 11a - 3p	(M-Sun) 5p - 8:30p		(M-Sun) 9:30a - 2:30p



FAQs

What is the **best meal plan** for me?

Meal plan selection is very personal to each student.

Those who plan to eat all meals in the dining halls traditionally benefit most from the **ANY21** plan.

Those who plan to have breakfast & dinner with the option to purchase lunch/coffee/snacks across campus during the day would benefit most from the **Block 225** plan, which comes with \$150 dining dollars for flex spending at our retail locations.

Students living in a **cook for yourself** dorm may select a Block 90 or 160 to help them get through time consuming periods of the semester as it guarantees them a quick & nutritious meal.

What is a **Block Plan**?

(EX: Block 225 190, 160 etc...)

A Block Plan is a set number of meals at the beginning of the semester that decline as you use them.

I have **food allergies/sensitives**, how will I know what is **safe to eat**?

All meal plan holders have the option to meet with our on-campus registered dietitian to help them better navigate the dining halls and find the best meal options for them.

All meal ingredients and allergens are listed on the CafeBonAppetite website so students can confirm which choice is the best for them.

What is the **deadline** to choose a meal plan for **Fall 2025**?

Friday, September 12, 2025

For more specific questions please reach out to

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